

## People First

People First is our promise to empower people to communicate freely, interact naturally and participate actively

## Oticon Hearing Diary

In order to get the most out of your Oticon hearing instruments, I would like you to make notes about specific aspects of the way they sound. The next time we meet, we will use your notes to personalize your instruments to better match your hearing preferences.

It is important that you wear your hearing instruments in a wide variety of situations before our next meeting, including ones in which you find listening most important or challenging. For example, focus on situations that you would especially like to improve, such as visiting family and friends, using the phone, watching TV, listening to music, or shopping at the grocery store or shopping center.

**Please choose three key hearing situations and report your experiences on the following pages. Bring the completed form with you to our next appointment.**

## Situation #1

## Situation #2

## Situation #3

## Overall Experience

What did you notice about the overall sound quality of your hearing instruments?

How did voices sound?

Were the voices clear and pleasant?

How was it to follow a conversation?

Did background noise bother you?

Which noises?

Additional comments

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Additional comments

Are you experiencing any concerns or challenges with your hearing instruments? If so, please jot them down along with the situations in which the challenges arise.